

What RESTART will mean to

Students:

- Confidence
 - Conflict Resolution
 - Problem Solving Strategies
 - Respect
 - Self-Control
 - Self-Esteem
 - Support
 - Teamwork
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School:

- Developing positive learning environment
 - Reducing barriers for learning
 - Support for school staff
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Community:

- Building a stronger community
 - Bringing together community supports and the school
 - Family engagement
 - Strengthening and supporting the emotional well-being of children and families of our community
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Contact Information

LDSB Educational
Services:
613-542-1727

Pathways for Children
and Youth:

Northbrook
613-336-1555

Centralized Intake
613-546-1422 Ext. 1

North Addington
Education Centre:
613-336-8991



{ verb - to start anew }



A joint LDSB and Pathways initiative at
North Addington Education Centre



The RESTART Program

North Addington Education Centre is home to a very unique program that is focused on providing community building, emotional well-being and pro-social skills to its students through a Mental Health focused joint endeavor with Pathways for Children and Youth.

RESTART is exactly what it says - an opportunity for students to change perceptions of the local community, school community and themselves.

Through multi-level learning groups students will learn about and build on everything the RESTART program stands for:

Respect
Empathy
Strengths
Trust
Attitude
Responsibility
Teamwork

The RESTART Approach

The RESTART Program will support in 4 ways:

1 Individual

- Students individually selected for the program based on observed behaviours
- Registered to program and designated in Trillium to half-day or full-time attendance in the program
- Reflected in IEP
- Students seen daily and may be withdrawn from class or interventions may be classroom based
- Approx. 5-6 students in this placement
- Focus on self-regulation, anger management, conflict resolution, peer relations
- Promote family connection to Pathways

3 Community Engagement

- Seminars and information sessions outside school
- Adult/Teen/Child/Sibling relationships/conflict resolution

2 Small Group

- Small groups of students based on needs and observed behaviours in class and/or on the yard
- Short duration workshops and group sessions that will include withdrawal from the classroom for individual and group work
- Focus on conflict resolution strategies, interpersonal relationships, understanding group dynamics, and intense emotionl training

4 Whole Class

- Instruction provided to classroom in the classroom or alternate locations within the school as desired
- Focus on curriculum based (Health curriculum) instruction and reinforcement of school character education plan

Who we are:

The RESTART team consists of:

- Teacher:
Tim Pelow
- Educational Assistants:
Josh Goodfellow
- Student Support Counsellor:
Loretta Gaffney
- Pathways Community Counsellor:
Cristin McCormick

The RESTART program runs five days a week with Mr. Pelow, Mr. Goodfellow and Ms. Mallett. It is supported daily by Ms. Gaffney

It is supported multiple days per week by Ms. Cota and other Pathways for Children and Youth staff, who will be available to talk to students concerning anything and answer questions they have.